

Hand Signals

It is important to use the correct hand signals to communicate to riders in the group. Hand signals are initiated by the Lead RC and must be done by each rider, one-by-one, from the front to the rear of the group. The entire group should use hand signals to clearly communicate to other riders in the group. When the group is large and spread out on the road, hand signals can become unclear if they are not performed correctly. Riders at the rear of the group may not receive hand signals so it is important to hold hand signals long enough to be visible by riders behind you.

Signals are performed with your left arm

Diagram B

- Left – arm straight out with fist



- Right – bent arm with fist



- Slow – downward wave



On Your Own – bent arm, finger extended, wave forearm back and forth



This signal is used when making a lane change or exiting the highway. For example, the lane is too crowded for the group to make the lane change together.

- The Lead RC will signal the lane change or turn
 - The Lead RC will use the OYO signal. This indicates you are going to perform the maneuver the Lead RC signaled on your own
 - Perform a head check and make the maneuver when safe
 - The Lead RC will get the group back together when it is safe to do so
- Staggered position - arm straight up with 2 fingers extended



- Single file position - Arm straight up with 1 finger extended



- Tighten up (maintain a closer staggered position) - arm bent with fist, pumping motion



This signal is used when going through towns with stop signs or on highways before a lane change. The goal is to bring the group closer together so we can all make the maneuver together, or get through the stop signs more effectively.

- Road hazards
 - Use your hands or feet to carefully point to road hazards. If you see a rider pointing, look around you for the hazard. If there is a bicycle or a car on the side of that could be a hazard and enter our riding space, the signal is a bent arm, one finger pointing over your head to the side of the road. You may also use one of your feet to point out the hazard.



- Comfort Stop
 - Take advantage of rest breaks when we take them. The Road Captains plan rest breaks every 60 – 90 minutes. If you need to make a special stop, cup your hand like a C and signal. The Road Captains will pull over at a rest area when it is safe

